

# Three Ingredient Pizza Dough



## Ingredients

1 cup self-rising flour  
1 cup plain Greek yogurt  
1 Tbsp. Italian seasoning

## Directions

- In a bowl, combine the three ingredients and bring them together to form a ball.
- Spray your pizza pan with non-stick cooking spray.
- Lightly flour your hands and roll your dough into a ball and place it in the center of your pizza pan.
- Work the dough out to the edges from the center by pressing down with your palms until the dough has reached all edges of the pan.
- Top with the pizza toppings of your choice and bake at 350 for 20-30 minutes.

